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## Students Get a Tasty Lesson About Healthy Eating Habits

Some Tallahassee Elementary school students put down the books and picked up a fork to teach their taste buds about nutrition.

**Reporter:** Tara Herrschaft  
**Email Address:** [tara.herrschaft@wctv.tv](mailto:tara.herrschaft@wctv.tv)

About 60 third, fourth, and fifth graders from the Imagine School got a tasty lesson about healthy eating habits. Keiser University culinary students cooked veggies, grilled chicken, rice, black beans, and more for the youngsters, teaching them that eating nutritious food can taste good too.

Tuesday's event is to celebrate Childhood Nutrition Day which is October 16th. The children said they never knew vegetables could taste so good.